

# Caring Sharing & Company Ltd

Homecare for the elderly, specialising in dementia,  
and training for professionals  
and family carers



## Case Study

Property Disability Adaptation – Edgware **Client: 78 year old widow**

### Son's Comment

*"We could not imagine the transformation in our mother's wellbeing, mental and physical health. The quality of Caring Sharing & Company's home carers, their dedication was exceptional. It was a pleasure going to see her compared to the poor, depressing nursing home experience we previously encountered - and we didn't have to sell the family home!"*



### Background

The client is a 78 year old woman with the early stages of Alzheimer's. While her husband was alive her situation was manageable, however, within a short space of time the husband passed away and the family was faced with having to fund their mother's care.

At that time, Caring Sharing & Company was providing short term, live-out care to supplement the family's own home care activities. When the family needed a break, social services offered the family a three week respite break in a reputable nursing home.

Unfortunately, this did not go well and as a result the family did not want their mother to go into a nursing home ever again.

The client lived in a semi-detached, double-fronted bungalow. The property had a garage. The interior consisted of a large living room connected, via a narrow hallway to two small bedrooms, a small kitchen and an adjacent breakfast room, a small bathroom and separate small WC. The property had not been renovated for some 20-30 years.

At this point due to Alzheimer's, the mother's personal hygiene and mobility was deteriorating, she was disorientated, losing her sense of time and starting to become agitated and wandering at night.

### Solution

Caring Sharing & Company suggested a 24hr x 7days a week live-in, long term care plan plus supporting infrastructure. We also suggested that the property would require modernising, incorporating ground floor internal and external disability access and facilities

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and taking into account any future intensive care requirements, so as to enable the mother to remain indefinitely in her own home.

The garage was demolished and replaced with a larger back extension to provide a disability bedroom and en suite disability wet room. Demolishing the little rooms, narrow doorways and hall increased the floor size. By converting the ground floor to an open plan communal area, with kitchen, dining area and living room, level disability access both internally and externally, and two carers' bedrooms and medium size combined carers' WC and bathroom coming off the main communal area, the client could be in the centre of all that was going on around her and was never left alone or isolated.

This adaptation afforded both privacy in her own room or the opportunity of social interaction with carers and visitors in the open plan part of the bungalow. Both inside and outside modifications meant that the client could move safely around the house and retain her independence. There was also the necessary infrastructure to support any future, long-term disability and live-in care requirements, enabling her to avoid entering a nursing home.

Caring Sharing & Company also obtained savings of £9,000 due to the nature of the disability design.



Open Plan Living



New Kitchen



Disability Wet Room



2<sup>nd</sup> Bathroom

### Implementation

The existing garage was demolished and its depth extended to the full width of the property. Internal space was opened out and replaced with:

- Client's own bedroom and en suite disability wet room and WC
- Open plan dining, kitchen and living room
- Modernised live-in carer's bathroom and WC converting it to 2<sup>nd</sup> WC an bathroom
- Modernised existing two bedrooms for carers
- Side, back & front security lighting
- New path to front door with disability ramp
- Level flooring throughout ground floor area

### Care Package Solution

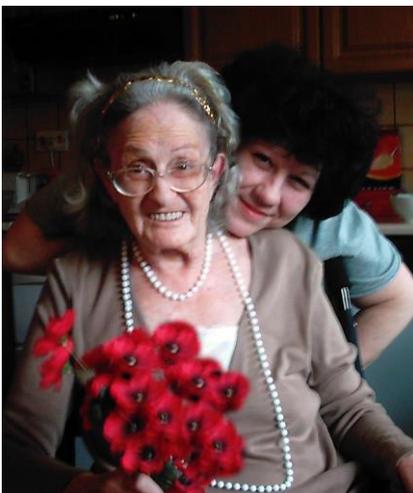
Two live-in, job sharing carers at a weekly cost of £650 p/wk for 10 hours a day care x 7 days per week with one carer remaining at all times on the property.

**Cost of Disability Adaptation:** £50,000



### Benefits

- Value of property after adaptation, increased from £350k to £450k
- Longevity and quality of care and companionship outperformed any commercial nursing home
- The client's increased quality of life, social, psychological, physical and emotional wellbeing, resulting from being in her own familiar surroundings and among her personal possessions plus one or two carers providing high quality interaction and stimulation reduced the mother's agitation and challenging behaviours
- The family had much better relationship with their mother
- Siblings retain family home, memories and inheritance
- Family and grandchildren enjoyed visiting mother and engaged in normal family activities within the family home
- Long term care costs considerably reduced by off-setting care against free board and lodging or alternative rental income to offset care fees
- No need to move into nursing home even if intensive long term care was required



### Daughter's Comment

*"The carers and use of space helped to transform our mother's quality of life. She loved being at the centre of everything, with two wonderful carers, so she never felt left out or alone and isolated".*

### Carer's Comment

*"It relay makes a big difference to the quality of care and our own job satisfaction when you have time to develop a relationship in a nice open space"*